

Iaido Grading Questions



Summer Seminar 2026

Please return to: iaidograding@britishkendoassociation.com

Shodan and Nidan

1. Detail the grading points for: Kesagiri
2. Detail the grading points for: Soetozuki
3. What is the minimum recommended distance between yourself and your nearest neighbour when training?
4. Draw a Japanese sword naming ten of the parts in Japanese.
5. When was ZNKR Seitei Iaido introduced, and how many kata were in the original series?
6. Explain what is meant by "Chakuso".

Sandan and Yondan

1. Detail the grading points for: Sanpogiri
2. Detail the grading points for: Morotezuki
3. Explain the position of the body and sword when assuming Wakigamae.
4. Provide a sketch of a sword identifying three discrete areas of the blade length (not parts of the sword) and explain the function of each area when dealing with an attacking enemy.
5. Using diagrams, illustrate the various foot positions occurring in Seiteigata no.8, Ganmenate.
6. Where should the hands and the kissaki finish at the completion of each of the cuts delivered in Seiteigata no. 11, Sougiri?

Godan

1. Detail the grading points for: Shihogiri
2. Detail the grading points for: Sanpogiri
3. Give a brief description of the difference between a Generic Risk Assessment (GRA) and a Specific Risk Assessment (SRA).
5. Explain the differences in timing of putting the hands on the sword between the various kata in ZNKR Iaido.
5. Give an explanation (in about 70 words) of what you understand to be the meaning and implications of the word MUSHIN.
6. Explain the purpose of the introduction of Seiteigata into the art of Iaido.

References

- ZNKR Iaido Manual.
- The Regulations of Iaido Shiai and Shinpan.
- BKA Coaching Course Documents (Level 1 and 2).
- Examiner Mentoring Programme Stage 1 Briefing Document.
- Websites:

<http://iaidojodotraining.blogspot.com/2014/05/parts-of-sword.html>

Deadlines for Questions

19th July 2026

Note: As of June 2026, detection of AI usage is now in place.

Please make every effort to answer these questions yourself and to seek out source material yourself also.