

**BRITISH KENDO ASSOCIATION  
JODO WEST-MIDLANDS SEMINAR MAY 2026  
GRADING QUESTIONS**

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please restrict your response to no more than four sides of A4.

**Answers for the Seminar should be received no later than the Saturday 9<sup>th</sup> May 2026.**

To be returned to:

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**Shodan and Nidan**

*These questions should be answerable from the Seitei Jodo manual or from asking your Senpai or Sensei:*

1. Using a diagram, show the position of the feet when taking Honte no Kamae.
2. Explain how chudan kamae is assumed from holding the sword at the hip.
3. Name the grading points for the Shijo in Tsukizue.
4. Name the posture where the feet are together and the jo held by the side of the body.
5. What is meant by the word "Kamae"?

**Sandan**

*These questions should be answerable from research from the Seitei Jodo manual, your Sensei and other external sources such as books, the internet, or other senior teachers.*

1. Explain the procedure for practising Honte Uchi during Sotai Dosa.
2. Name 4 of the kamae taken by the Uchidachi in Seitei Jodo.
3. Explain the two kiai used in jodo and when they should be used.
4. What is the name given to the first set of koryu kata?
5. Explain what is meant by the Budo terms "Seme" and "Tame" and what the difference is between them.

**Sources of Information**

**Publications:**

- "Zen Nippon Kendo Renmei Jodo: English Version Manual"; All Japan Kendo Federation, 2018

**Websites:**

- <http://www.britishkendoassociation.com/> - British Kendo Association
- [http://ejmas.com/jnc/jncart\\_taylor\\_0900.htm](http://ejmas.com/jnc/jncart_taylor_0900.htm) - A Brief History of ZNKR Jodo by Kim Taylor
- <http://www.fej.ch/> - European Jodo Federation