

# Iaido Grading Questions



West Midlands Seminar 2026

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## Shodan and Nidan

1. Detail the grading points for: Mae
2. Detail the grading points for: Tsukaate
3. List five safety checks one would normally perform before training in the dojo.
4. Using diagrams, illustrate the positions, relative to you, of the opponents in Seiteigata no.6, Morotezuki, and Seiteigata no.8, Ganmenate.
5. How is the angle of the cut, the Hasuji, established when drawing the sword?
6. Draw a plan illustrating a traditional Japanese dojo, naming the important areas/sides as laid out in the ZNKR manual.

## Sandan and Yondan

1. Detail the grading points for: Ukenagashi
2. Detail the grading points for: Mae
3. Other than the points of attention in the Seitei manual, state two additional considerations that would result in a good performance of the kata Ushiro.
4. Describe in no less than 30 words what the term "Koiguchi no Kirikata" means, please provide more than just a translation.
5. Explain the benefits of warming up and warming down, before and after training.
6. Using diagrams, illustrate the various foot positions occurring in Seiteigata no.8, Ganmenate.

## References

- ZNKR Iaido Manual.
- The Regulations of Iaido Shiai and Shinpan.
- BKA Coaching Course Documents (Level 1 and 2).
- Examiner Mentoring Programme Stage 1 Briefing Document.
- Websites:

<http://iaidojodotraining.blogspot.com/2014/05/parts-of-sword.html>

## Deadlines for Questions

5th May 2026