

Iaido Grading Questions



Scottish Seminar 2026

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Shodan and Nidan

1. Detail the grading points for: Ushiro
2. Detail the grading points for: Soetozuki
3. Identify the sword and body position when in Hasso No Kamae.
4. During a performance of the 12 forms of Seitei Iaido the practitioner should adopt or move through four basic kamae. Name these kamae and give an example of where each one may occur.
5. When was ZNKR Seitei Iaido introduced, and how many kata were in the original series?
6. Explain what is meant by "Chakuso".

Sandan and Yondan

1. Detail the grading points for: Tsukaate
2. Detail the grading points for: Morotezuki
3. Explain the position of the body and sword when assuming Wakigamae.
4. Explain the purpose of a Risk Assessment.
5. Explain the benefits of warming up and warming down, before and after training.
6. What does the term 'Kigurai' mean, and what aspect of Iaido does it refer to?

References

- ZNKR Iaido Manual.
- The Regulations of Iaido Shiai and Shinpan.
- BKA Coaching Course Documents (Level 1 and 2).
- Examiner Mentoring Programme Stage 1 Briefing Document.
- Websites:
<http://iaidojodotraining.blogspot.com/2014/05/parts-of-sword.html>

Deadlines for Questions

11th April 2026