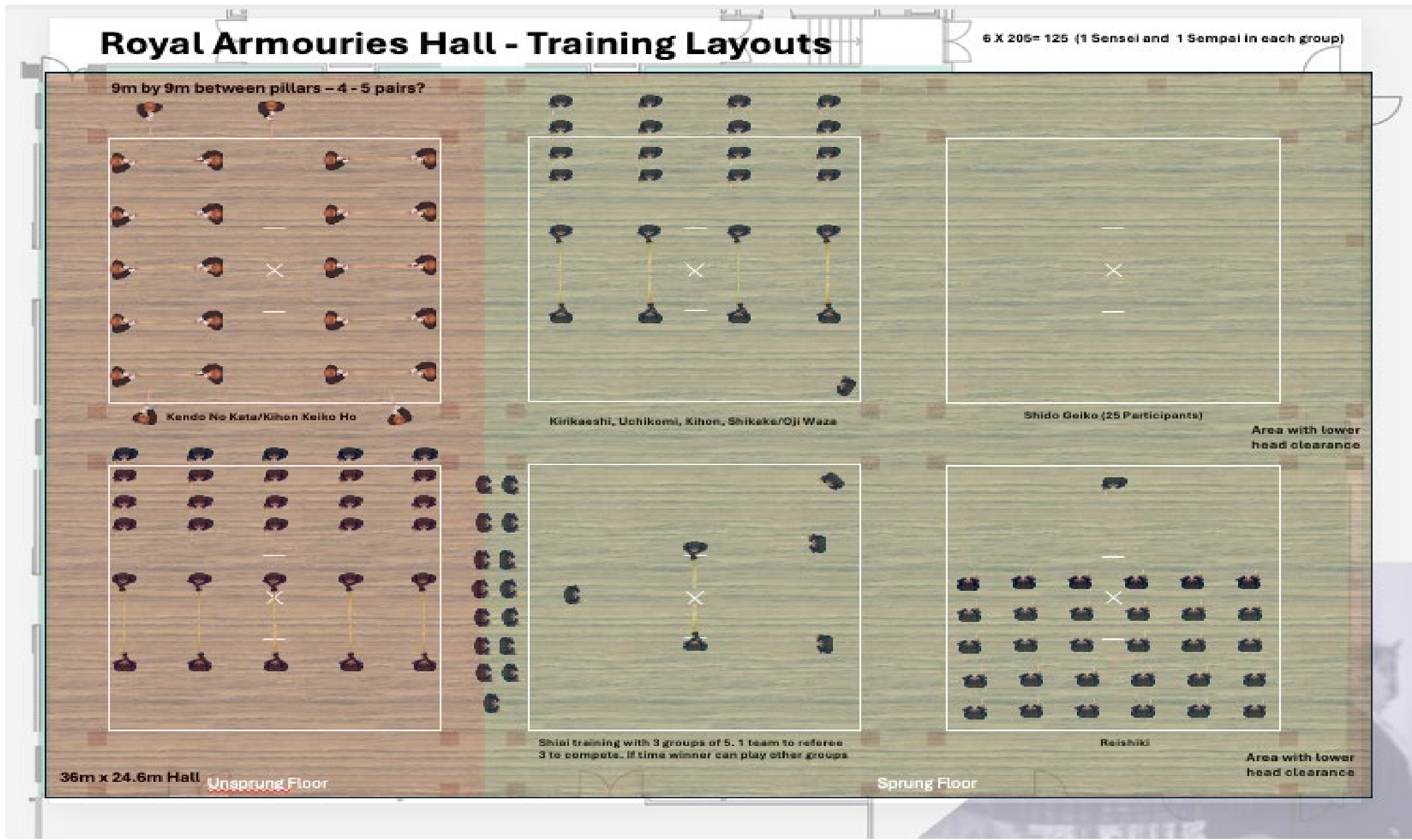




Alfred the Great (849–899) King of Wessex who successfully defended his kingdom against the Viking "Great Heathen Army" and laid the foundations for the unification of England.

Cromwell (1599–1658) A key military and political leader who commanded the New Model Army to victory in the English Civil War and became Lord Protector of the Commonwealth.

Longshanks - Edward I (1239–1307) Known for his extensive military campaigns that led to the conquest of Wales and significant, albeit temporary, subjugation of Scotland, proving himself a formidable and respected military commander.

Henry V (1386–1422) The warrior-king who achieved one of England's greatest-ever military victories at the Battle of Agincourt during the Hundred Years' War.

Nelson (1758–1805) One of Britain's greatest naval commanders, renowned for his tactical genius and leadership in the Napoleonic Wars, especially at the Battle of Trafalgar, where he was tragically killed.

Wellesley, 1st Duke of Wellington (1769–1852) A key figure in the

Museum open for breakfast from 8.00

Hall Available from 9.00

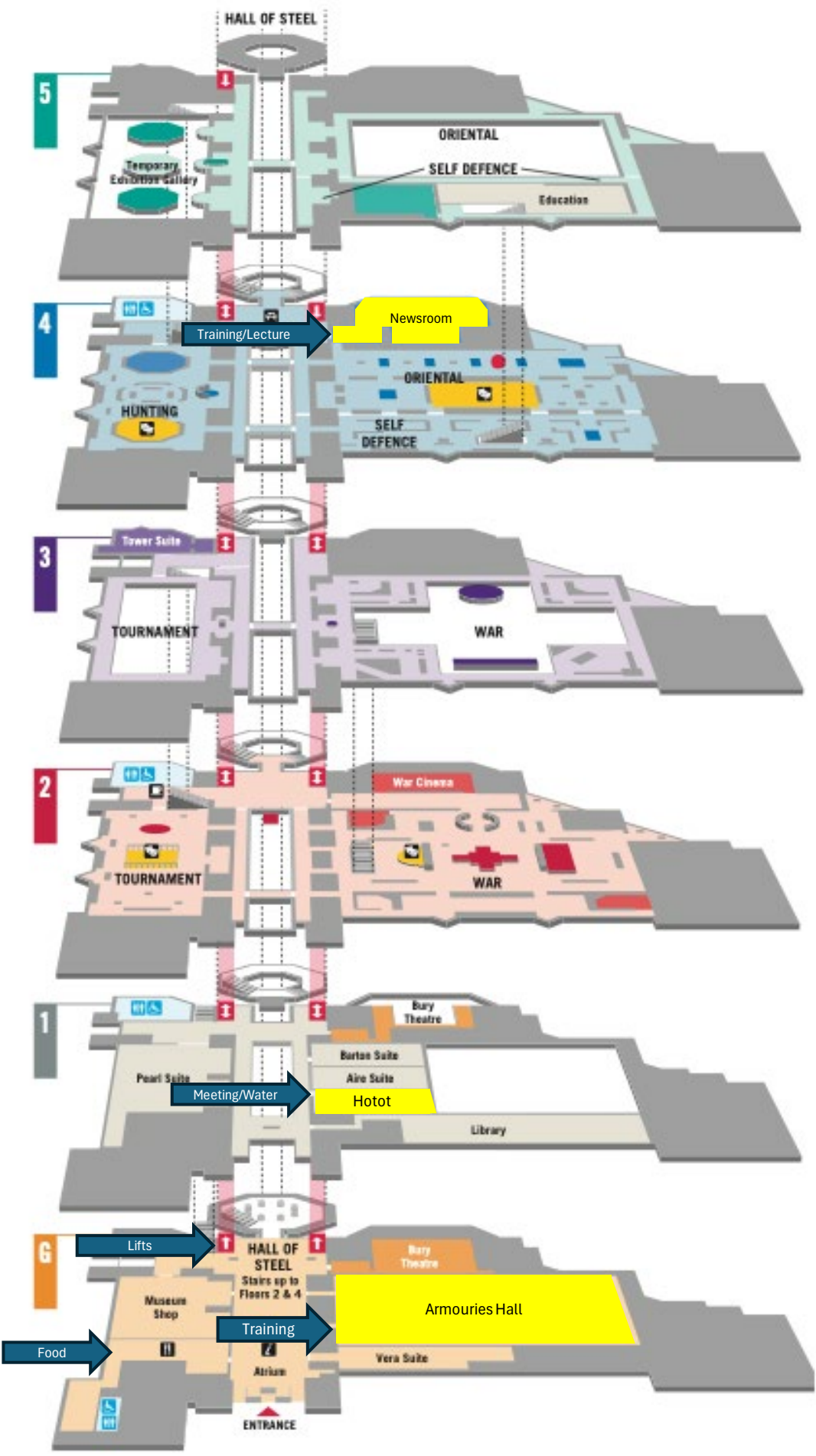
Improving as a Motodachi
Using Kata in shinai kendo
Aspects and elements of Seme
Koryu Concepts applied to modern kendo

Key Themes

Stated Capacity 1000

Training Capacity 150

Keiko Capacity 30 Motodachi with Groups of 5 = 150 Geiko



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Thursday
Seminar Themes
Tachi-ai Training An effective method for shinsa preparation where one works to develop the ability to establish and maintain an appropriate pace, presence, and spiritual intensity throughout a grading performance. This activity explores how controlled engagements can help kendoka demonstrate composure, confidence, and purposeful kendo that aligns with "the principles of the sword" under examination conditions.
Shiai Training An opportunity to explore the unique responsibilities of each team position, from Sempō through to Taishō, while also developing an appreciation of the referee's perspective. By understanding both team strategy and the criteria used to judge valid scoring, kendoka can improve their tactical awareness, decision-making, and competitive performance.
Kendo Kata Training Kendo kata is more than a formal exercise; it

Arrival - Networking - Café
Explore the museum
Library - View the Fechtbook

Evening Meal -

Newsroom Available for evening Ji-keiko

Clear the Museum

Friday
Doors open at 9.00 - Networking
Reishiki - Opening Address (Leading sensei) Warm - Up Suburi - Kihon (Yakosoku) - Kiri Kaeshi Discuss training regimes/approaches Reinforce key indicators for improvement
Break
Waza Geiko- Delivering effective Yuko Datotsu Discuss training regimes/approaches Reinforce key indicators for improvement Develop Motodachi skills and approaches
Mawari Geiko End and Reishiki
Lunch 12.45 to 13.45
Interactive Q&A
Shiai Geiko in Teams with Referee Training
Break
Shiai Geiko in Teams with Referee Training
Ji Geiko
Plenary Reishiki and and Clear the Museum

Evening Lecture and Q&A

Evening meal Mumtaz 19.30

Saturday
Doors open at 9.00 - Networking
Reishiki Warm - Up Suburi - Kihon (Yakosoku) - Kiri Kaeshi Warm - Up Suburi - Kihon (Yakosoku) - Kiri Kaeshi Discuss training regimes/approaches Reinforce key indicators for improvement
Break
Tachiai training
Mawari Geiko End and Reishiki
Lunch 12.45 to 13.45
Interactive Q&A
Kata Training For Strategic Development
Break
Kata Training For Strategic Development
Ji Geiko
Plenary Reishiki and and Clear the Museum

Evening. Meal Brasserie Blanc 19.00

Sunday
Doors open at 9.00 - Networking
Reishiki Warm - Up Suburi - Kihon (Yakosoku) - Kiri Kaeshi
Recap/ Further Develop Shinsa Waza
Reinforce key indicators for success
Break
Last Ji-Geiko Rounds of three minutes to the drum/whistle
Last Gigeiko and Reishiki to close the seminar.
Lunch 12.45 to 13.45
Interactive Q&A
Grading Begins
Panels (4 Hours Max)
Clear the Museum