



## BRITISH KENDO ASSOCIATION JODO BELFAST SEMINAR 2026 GRADING QUESTIONS

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please restrict your response to no more than four sides of A4.

**Answers for the grading should be received no later than the Saturday 11<sup>th</sup> April 2026.**

To be returned to:

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### Shodan and Nidan

*These questions should be answerable from the Seitei Jodo manual and/or from asking your Senpai or Sensei:*

1. Explain the hand and foot position for Honte no Kamae.
2. State the lengths of the jo and bokuto as defined by the ZNKR.
3. Name the grading points for the Shijo in Sakan.
4. Describe three of the most important criteria for a warm-up.
5. Which famous swordsman was said to have been defeated by the founder of jojutsu?

### Sandan and Yondan

*These questions should be answerable from research from the Seitei Jodo manual, your Sensei and other external sources such as books, the internet, or other senior teachers.*

1. Explain the two kiai used in jodo and when they should be used.
2. Using a diagram, show the positions of the feet for yaya hanmi and ma hanmi for the Shijo.
3. Name the grading points for the Shi and Uchi in Kasumi.
4. In what year and by whom was Seitei Jodo created?
5. What is the name of the koryu school of jojutsu which Seitei Jodo originates from?

### Sources of Information

#### Publications:

- "Zen Nippon Kendo Renmei Jodo: English Version Manual"; All Japan Kendo Federation, 2018

#### Websites:

- <http://www.britishkendoassociation.com/> - British Kendo Association
- [http://ejmas.com/jnc/jncart\\_taylor\\_0900.htm](http://ejmas.com/jnc/jncart_taylor_0900.htm) - A Brief History of ZNKR Jodo by Kim Taylor
- <http://www.fej.ch/> - European Jodo Federation