

Iaido Grading Questions



Spring Seminar 2026

Please return to: iaidograding@britishkendoassociation.com

Shodan and Nidan

1. Detail the grading points for: Ushiro
2. Detail the grading points for: Ganmenate
3. Identify the sword and body position when in Hasso No Kamae.
4. Describe the positions of the hands, sword and feet after assuming Chudan No Kamae.
5. During a performance of the 12 forms of Seitei Iaido the practitioner should adopt or move through four basic kamae. Name these kamae and give an example of where each one may occur.
6. Explain (in about 30 words) what is meant by 'REIGI'

Sandan and Yondan

1. Detail the grading points for: Tsukaate
2. Detail the grading points for: Kesagiri
3. Explain the position of the body and sword when assuming Hidari Jodan No Kamae.
4. 'ZANSHIN' is a term used to describe which state in Iaido?
5. Explain the purpose of a Risk Assessment.
6. Using diagrams, illustrate the various foot positions occurring in Seiteigata no.8, Ganmenate.

References

- ZNKR Iaido Manual.
- The Regulations of Iaido Shiai and Shinpan.
- BKA Coaching Course Documents (Level 1 and 2).
- Examiner Mentoring Programme Stage 1 Briefing Document.
- Websites:
<http://iaidojodotraining.blogspot.com/2014/05/parts-of-sword.html>

Deadlines for Questions

27th February 2026