



The British Kendo Association Jodo and laido Level Two Coaching Course

January 31st 2026

Information Pack COACHING ATHLETES

The course will be led by

Martin Clark – Iaido Coach Tutor A N Other - Iaido Coach Tutor

Introduction

The BKA is pleased to announce a Level 2 coaching course for both Jodo and Iaido The course will run from 09:30 – 17:00

The Required Course/Delegate notes. Closing date for Booking and Notes – 9th January 2026 These will be required on the Day.

Available from,

Martin Clark - Coach Program Officer.

at maark@bas.ac.uk

Venue

British Antarctic Survey High Cross Madingley Road CAMBRIDGE CB3 0ET

Tea and coffee facilities will be available but please bring lunch.

The Day involves a teaching session, so it is advisable to wear loose clothing. Hakama is required for the day but does not have to be worn. Please bring Bokken/Jo as appropriate for the teaching session

introduction to BKA coaching course requirements

The L2 Course laido/Jodo specific

The L2 course is aimed at existing level one coaches wishing to further their knowledge and gain a greater understanding of how to enhance their coaching style. The tag line "Training athletes" is there to impress upon the delegates their responsibility in training students for grading and competition and to impress on them the importance of technical input for their students and gain an understanding of different approaches to getting the information to the student.

As stated in the delegate notes Please bring video equipment as you see/think necessary, and any equipment needed for your presentation.

The L2 course has an amount of pre-course work that should be completed and forwarded to the Coach Program officer a minimum of two weeks prior to the course as set out in IJC2-11 of the delegate's notes.

Exercise

Before attendance at the level 2 course you are to complete the following headline tasks:

- 1. Carry out a Specific Risk Assessment for your Dojo
- 2. Create a Safe System of Practice document
- 3. Submit a teaching log (documenting at least 26 hours of teaching this should include, attending numbers and grades, content of teaching/coaching short notes on individuals performance and advancement if any)
- 4. Create two Usable documents:
 - a. A "Welcome to the Dojo" letter to new members
 - b. A Dojo "MOT" document
- 5. Design and create an accident reporting log
- 6. Review your L1 Notes

Exercises 1 and 2 should be bought with you on the day of the Level 2 course Exercises 3, 4 and 5 should be emailed to the Course Coordinator/Coach Program Officer at least 2 weeks prior to the course.