



The British Kendo Association Jodo and Iaido Level One Coaching Course

January 17th 2026

Information Pack **Roles and Qualities of a coach**

The course will be led by

Martin Clark – Iaido Coach Tutor

Assisted by – A N Other

A N Other

Introduction

The BKA is pleased to announce a Level 1 coaching course for both Jodo and Iaido

The course will run from 09:30 for 10:00 – 17:00

The Course/Delegate notes

Available from,

Martin Clark - Coach Program Officer.

at mark@bas.ac.uk

You will require access to a copy of these with you on the day!

Closing date for booking 2 January 2026

Venue

British Antarctic Survey

High Cross

Madingley Road

Cambridge

CB22 0ET

Please bring lunch.

The Day involves a teaching session, so it is advisable to wear loose clothing. Hakama is required for the day but does not have to be worn. Please bring Bokken/Jo as appropriate for the teaching session

The Course.

The L1 course is aimed at those wishing to step up to the role of assistant coach and Dojo Leader.

It focuses on the Roles and Qualities these persons play in the Dojo It reinforces the ideals of correct practice, Health and Safety, Equity in your coaching and duty of care.

It also lays out the minimum requirements for you to fulfil these positions with a view to Risk assessment, Must have for Coaches, Dojo Administration, Duty of care and begins to focus on the importance of how teaching happens and how you go about teaching others, including warming up and cooling down.

Prior to the course.

To be submitted no later than two weeks prior to the course.

A 20 Hour Teaching log to include Class numbers and Teaching content.

A Mobility routine listing your warm up/cool down exercises, Stretches etc.

You are also required to be conversant with the delegate notes and have a copy of the notes for reference on the day. This may be in hard copy or readily accessible on an electronic device

This is the start of your coaching manual so please do not take this lightly.

Please bring Hakama and Gi these are required for one session but do need to be worn on the day.

Swords are not required but cleaning, care and taking apart may be covered.