

# Iaido Grading Questions



Scottish Seminar 2025

## Shodan and Nidan

1. Detail the grading points for: Morotezuki
2. Detail the grading points for: Ganmenate
3. What does "Enzan no Metsuke" mean and what is its relevance in Iaido?
4. What is the minimum recommended distance between yourself and your nearest neighbour when training?
5. Describe 3 safety checks you should carry out on your sword before beginning your training.
6. Draw a plan illustrating a traditional Japanese dojo, naming the important areas/sides as laid out in the ZNKR manual.

## Sandan and Yondan

1. Detail the grading points for: Ganmenate
2. Detail the grading points for: Sougiri
3. Explain the position of the body and sword when assuming Hidari Jodan No Kamae.
4. Provide a sketch of a sword identifying three discrete areas of the blade length (not parts of the sword) and explain the function of each area when dealing with an attacking enemy.
5. Using diagrams, illustrate the various foot positions occurring in Seiteigata no.8, Ganmenate.
6. What is "Reiho" and why is it important in the practice of Iaido?

## References

- ZNKR Iaido Manual.
- The Regulations of Iaido Shiai and Shinpan.
- BKA Coaching Course Documents (Level 1 and 2).
- Examiner Mentoring Programme Stage 1 Briefing Document.
- Websites:  
<http://iaidojodotraining.blogspot.com/2014/05/parts-of-sword.html>

## Deadlines for Questions

28th March 2025