laido Grading Questions



West Midlands Seminar 2024

Shodan and Nidan

- 1. Detail the grading points for: Sanpogiri
- 2. Detail the grading points for: Sougiri
- 3. Complete the following: NUKITSUKE, NOTO.
- 4. What is the minimum recommended distance between yourself and your nearest neighbour when training?
- 5. Describe 3 safety checks you should carry out on your sword before beginning your training.
- 6. Explain what is meant by "Chakuso".

Sandan and Yondan

- 1. Detail the grading points for: Kesagiri
- 2. Detail the grading points for: Soetezuki
- 3. Explain the position of the body and sword when assuming Hidari Jodan No Kamae.
- 4. List 8 general safety checks and procedures one should take before running a dojo training session.
- 5. In a shiai, the chief judge holds the red flag in which hand?
- 6. Where should the hands and the kissaki finish at the completion of each of the cuts delivered in Seiteigata no. 11, Sougiri?

References

- ZNKR laido Manual.
- The Regulations of laido Shiai and Shinpan.
- BKA Coaching Course Documents (Level 1 and 2).
- Examiner Mentoring Programme Stage 1 Briefing Document.
- Websites:

http://iaidojodotraining.blogspot.com/2014/05/parts-of-sword.html

Deadlines for Questions

5th May 2024