

**BRITISH KENDO ASSOCIATION  
JODO WEST MIDLANDS SEMINAR MAY 2024  
GRADING QUESTIONS**

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please restrict your response to no more than four sides of A4.

**Answers for the Spring Seminar should be received no later than the Saturday 11<sup>th</sup> of May 2024.**

To be returned to:

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**Shodan and Nidan**

*These questions should be answerable from the Seitei Jodo manual or from asking your Senpai or Sensei:*

1. Name the three principle Jo kamae used in Seitei Jodo.
2. During the Kihon for Kuritsuke, Kurihanashi and Tai-atari, what position are the hands at on the Jo when the Jo is raised above the head?
3. Describe two safety checks for your own person before starting jodo training
4. Who was the founder of Shinto Muso Ryu Jo(jutsu)?
5. Explain what is meant by Ki-Jo-Tai-Ichi.

**Sandan and Yondan**

*These questions should be answerable from research from the Seitei Jodo manual, your Sensei and other external sources such as books, the internet, or other senior teachers.*

1. Explain how the awase position is taken in hisage making reference to the critical distance and timing during the movement.
2. Name 4 of the kamae taken by the Uchidachi in Seitei Jodo.
3. Explain the two kiai used in jodo and when they should be used.
4. What is the name given to the first set of koryu kata?
5. Explain what is meant by the Budo terms "Seme" and "Tame" and what the difference is between them.

**Sources of Information**

**Publications:**

- "Zen Nippon Kendo Renmei Jodo: English Version Manual"; All Japan Kendo Federation, 2018

**Websites:**

- <http://www.britishkendoassociation.com/> - British Kendo Association
- [http://ejmas.com/jnc/jncart\\_taylor\\_0900.htm](http://ejmas.com/jnc/jncart_taylor_0900.htm) - A Brief History of ZNKR Jodo by Kim Taylor
- <http://www.fej.ch/> - European Jodo Federation