

Iaido Grading Questions



Scottish Seminar 2024

Shodan and Nidan

1. Detail the grading points for: Ushiro
2. Detail the grading points for: Sanpogiri
3. How should Chudan No Kamae be made?
4. During a performance of the 12 forms of Seitei Iaido the practitioner should adopt or move through four basic kamae. Name these kamae and give an example of where each one may occur.
5. List five safety checks one would normally perform before training in the dojo.
6. When was ZNKR Seitei Iaido introduced, and how many kata were in the original series?

Sandan

1. Detail the grading points for: Ushiro
2. Detail the grading points for: Sanpogiri
3. You are the senior grade in a class of beginners. Indicate what safety precautions you should be aware of in this situation.
4. Explain the benefits of warming up and warming down, before and after training.
5. Describe the difference between 'Sayabanare' and 'Sayabiki'?
6. Describe using diagrams the footwork for Seiteigata no.9 Soetezuki.

References

- ZNKR Iaido Manual.
- The Regulations of Iaido Shiai and Shinpan.
- BKA Coaching Course Documents (Level 1 and 2).
- Examiner Mentoring Programme Stage 1 Briefing Document.
- Websites:
<http://iaidojodotraining.blogspot.com/2014/05/parts-of-sword.html>

Deadlines for Questions

7th April 2024