# BRITISH KENDO ASSOCIATION JODO SPRING SEMINAR 2024 GRADING QUESTIONS

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please restrict your response to no more than four sides of A4.

Answers for the Spring Seminar should be received no later than the Saturday 2<sup>nd</sup> of March 2024.

#### To be returned to:

jodograding@britishkendoassociation.com

#### **Shodan and Nidan**

These questions should be answerable from the Seitei Jodo manual or from asking your Senpai or Sensei:

- 1. With the aid of a diagram, show the foot and body position for ma-hanmi (e.g. when in hikiotoshi Kamae, for instance)
- 2. What are the targets for the jo in the kata Tsukizue?
- 3. What is the command to bow to each other?
- 4. Which famous swordsman was the founder of jojutsu said to have defeated?
- 5. Explain what is meant by the word "Kamae".

### Sandan and Yondan

These questions should be answerable from research from the Seitei Jodo manual, your Sensei and other external sources such as books, the internet, or other senior teachers.

- 1. Explain the procedure for practising Honte Uchi during Sotai Dosa
- 2. Describe 5 safety checks you would make about your person, the class and the area before starting jodo training.
- 3. Name the 3 grading points for the Shijo in Seigan.
- 4. In what year and by whom was Seitei Jodo created?
- 5. What advantages does the jo have over the sword?

### **Sources of Information**

## **Publications:**

 "Zen Nippon Kendo Renmei Jodo: English Version Manual"; All Japan Kendo Federation, 2018

#### Websites:

- http://www.britishkendoassociation.com/ British Kendo Association
- http://ejmas.com/jnc/jncart\_taylor\_0900.htm A Brief History of ZNKR Jodo by Kim Taylor
- <a href="http://www.fej.ch/">http://www.fej.ch/</a> European Jodo Federation