

**BRITISH KENDO ASSOCIATION  
JODO WEST MIDLANDS SEMINAR 2023  
GRADING QUESTIONS**

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please restrict your response to no more than four sides of A4.

**Answers for the West Midlands Seminar should be received no later than the 12<sup>th</sup> of May 2023.**

To be returned to:  
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**Shodan and Nidan**

*These questions should be answerable from the Seitei Jodo manual or from asking your Senpai or Sensei:*

1. Name the three principle Jo kamae used in Seitei Jodo.
2. Which famous swordsman was the founder of jojutsu said to have defeated?
3. Explain how chudan kamae is assumed from holding the sword at the hip.
4. Explain what is meant by Ki-Jo-Tai-Ichi.
5. How much of the Jo should be between Shidachi's hands when: a) In Honte ni kamae. b) Making the catch in Kuritsuke. c) At the end of the strike in Shamen.

**Sandan**

*These questions should be answerable from research from the Seitei Jodo manual, your Sensei and other external sources such as books, the internet, or other senior teachers.*

1. Name 4 of the kamae taken by the Uchidachi in Seitei Jodo.
2. What advantages does the jo have over the sword?
3. Describe the differing angles of the body for Shijo, during each section of the kata "Hissage".
4. In what year and by whom was Seitei Jodo created?
5. Name the grading points for the Shijo in the kata "Midaredome".

**Sources of Information**

**Publications:**

- "Zen Nippon Kendo Renmei Jodo: English Version Manual"; All Japan Kendo Federation, 2018

**Websites:**

- <http://www.britishkendoassociation.com/> - British Kendo Association
- [http://ejmas.com/jnc/jncart\\_taylor\\_0900.htm](http://ejmas.com/jnc/jncart_taylor_0900.htm) - A Brief History of ZNKR Jodo by Kim Taylor
- <http://www.fej.ch/> - European Jodo Federation