

# Iaido Grading Questions



Scottish Seminar 2023

## Shodan and Nidan

1. Detail the grading points for: Kesagiri
2. Detail the grading points for: Sanpogiri
3. What is the minimum recommended distance between yourself and your nearest neighbour when training?
4. Draw a Japanese sword naming ten of the parts in Japanese.
5. Draw a plan illustrating a traditional Japanese dojo, naming the important areas/sides as laid out in the ZNKR manual.
6. Explain what is meant by "Chakuso".

## Sandan

1. Detail the grading points for: Kesagiri
2. Detail the grading points for: Sanpogiri
3. Explain the position of the body and sword when assuming Hidari Jodan No Kamae.
4. Explain the purpose of a Risk Assessment.
5. Provide a sketch of a sword identifying three discrete areas of the blade length (not parts of the sword) and explain the function of each area when dealing with an attacking enemy.
6. Using diagrams, illustrate the various foot positions occurring in Seiteigata no.8, Ganmenate.

## References

- ZNKR Iaido Manual.
- The Regulations of Iaido Shiai and Shinpan.
- BKA Coaching Course Documents (Level 1 and 2).
- Examiner Mentoring Programme Stage 1 Briefing Document.
- Websites:  
<http://iaidojodotraining.blogspot.com/2014/05/parts-of-sword.html>

## Deadlines for Questions

8th April 2023