

# Iaido Grading Questions



Spring Seminar 2023

## Shodan and Nidan

1. Detail the grading points for: Ganmenate
2. Detail the grading points for: Shihogiri
3. Identify the sword and body position when in Hasso No Kamae.
4. How should Chudan No Kamae be made?
5. Describe 3 safety checks you should carry out on your sword before beginning your training.
6. Explain what is meant by "Chakuso".

## Sandan and Yondan

1. Detail the grading points for: Ganmenate
2. Detail the grading points for: Shihogiri
3. List 8 general safety checks and procedures one should take before running a dojo training session.
4. Explain the purpose of a Risk Assessment.
5. Using diagrams, illustrate the various foot positions occurring in Seiteigata no.8, Ganmenate.
6. Where should the hands and the kissaki finish at the completion of each of the cuts delivered in Seiteigata no. 11, Sougiri?

## References

- ZNKR Iaido Manual.
- The Regulations of Iaido Shiai and Shinpan.
- BKA Coaching Course Documents (Level 1 and 2).
- Examiner Mentoring Programme Stage 1 Briefing Document.
- Websites:

<http://iaidojodotraining.blogspot.com/2014/05/parts-of-sword.html>

## Deadlines for Questions

6th March 2023