



Scottish laido IT session

19th June 2022

9:00 – 16:00

Queen Margaret University
Queen Margaret University Way,
Musselburgh
EH21 6UU

Dear members,

The laidoibu would like to invite you to the Scottish IT session to be held in Edinburgh.

As with previous years, sessions are intended for any bu members to be able to along and improve their laido. They can be especially helpful if you have a grading on the horizon and want to put yourself under a bit of pressure. For anyone aspiring to be a part of the UK squad these sessions are an essential part of the selection process as it gives the selection panel a good idea of your current level and your potential.

Also, if there is anyone of a lower grade in your dojo who you think may be interested in being on the UK squad (or if you feel they will benefit from the added pressure of attending these sessions) please encourage them to come along and get the extra practice in.

The sessions will be mainly focused on Shiai practice, with a section focused on floor managing. This should be especially useful for those planning to attend the laido nationals the following week.

laido

Training will be led by Kevin McNeill, laido squad manager.

Assisted by John Burn, assistant squad coach.

Martin Clark sensei sends his apologies, he is unable to attend the weekend due to work commitments.

Pricing

In line with all other previous laido IT sessions the price will be:

£15.00 for a full day.

£7.50 concession or half day (there will also be a half day concession option which will be £3.50)

Accommodation

There are a number of hotels around Edinburgh if required, these can be found on sites such as Google or booking.com

COVID19 Information

Covid-19 precautions have been relaxed and so we will not be asking for a negative test result on registration at the seminar. However we **strongly** recommend taking one within 12 hours of your first day of attending. Everyone should make their own Health & Safety evaluation and act responsibly.

- do not attend if you have any Covid-like symptoms. Seminar refunds/credits are available in these circumstances.
- please be aware of others in indoor, enclosed spaces. Wearing a face covering is not mandatory but is encouraged, especially in areas of higher risk e.g changing facilities, doorways.
- do not invite guests to the seminar, including to observe the grading.
- during training try to maintain social distancing whenever possible, especially if observing a teacher (*shugo*).

If you have any questions please don't hesitate to get in touch

Kevin McNeill,

laido squad manager

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