



### **Southern laido/Jodo IT session**

10<sup>th</sup> April 2022

9:00 – 16:00

Cambridge sports centre and Gym, University of Cambridge

Phillipa Fawcett Drive

Cambridge

CB3 0AS

Dear members,

The laido and Jodo would like to invite you to the Southern session to be held in Cambridge.

As with previous years, sessions are intended for any bu members to be able to along and improve their laido/Jodo. They can be especially helpful if you have a grading on the horizon and want to put yourself under a bit of pressure. For anyone aspiring to be a part of the UK squad these sessions are an essential part of the selection process as it gives the selection panel a good idea of your current level and your potential.

Also, if there is anyone of a lower grade in your dojo who you think may be interested in being on the UK squad (or if you feel they will benefit from the added pressure of attending these sessions) please encourage them to come along and get the extra practice in.

#### **laido**

Training will be led by Martin Clark sensei (Renshi Rokudan)

#### **Jodo**

Training will be led by Harry Jones sensei (Renshi Nanadan)

#### **Pricing**

laido:

In line with all other previous laido IT sessions the price will be

£15.00 for a full day (if you are training half day laido and half day Jodo please book these separately on the online booking system)

£7.50 concession or half day (there will also be a half day concession option which will be £3.50)

Jodo:

£20 for a full day (if you are training half day laido and half day Jodo please book these separately on the online booking system)

£10 concession or half day (there will also be a half day concession option which will be £5.00)

### **Getting to the venue**

The venue is just off the M11 (junction 13 northbound) there are also public transport links from Cambridge centre.

### **Accommodation**

Premier inn North Cambridge ([Premier inn](#)) which is 1.5 mile drive from the venue

Of course, there are always sites like booking.com etc... that may have cheaper alternatives.

### **COVID19 Information**

Covid-19 precautions have been relaxed and so we will not be asking for a negative test result on registration at the seminar. However we **strongly** recommend taking one within 12 hours of your first day of attending. Everyone should make their own Health & Safety evaluation and act responsibly.

- do not attend if you have any Covid-like symptoms. Seminar refunds/credits are available in these circumstances.
- please be aware of others in indoor, enclosed spaces. Wearing a face covering is not mandatory but is encouraged, especially in areas of higher risk e.g changing facilities, doorways.
- do not invite guests to the seminar, including to observe the grading.
- during training try to maintain social distancing whenever possible, especially if observing a teacher (*shugo*).

If you have any questions please don't hesitate to get in touch

Kevin McNeill, laido squad manager

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