

laido Grading Questions

Spring Seminar Swindon 2020 and Scottish Seminar Glasgow 2020

Shodan and Nidan

- 1. Detail the grading points for: Ushiro
- 2. Detail the grading points for: Nukiuchi
- 3. During a performance of the 12 forms of Seitei laido the practitioner should adopt or move through four basic kamae. Name these kamae and give an example of where each one may occur.
- 4. Using diagrams, illustrate the positions, relative to you, of the opponents in Seiteigata no.6, Morotezuki, and Seiteigata no.8, Ganmenate.
- 5. How is the direction of the cut, the Hasuji, established when drawing the sword?
- 6. Explain what is meant by "Chakuso".

Sandan and Yondan

- 1. Detail the grading points for: Ushiro
- 2. Detail the grading points for: Nukiuchi
- 3. Explain the position of the body and sword when assuming Wakigamae.
- 4. Explain the purpose of a Risk Assessment.
- 5. Using diagrams, illustrate the various foot positions occurring in Seiteigata no.8, Ganmenate.
- 6. Describe using diagrams if necessary the footwork for Seiteigata no.9 Soetezuki.

References

- ZNKR laido Manual.
- The Regulations of laido Shiai and Shinpan.
- BKA Coaching Course Documents (Level 1 and 2).
- Examiner Mentoring Programme Stage 1 Briefing Document.
- Websites:

http://iaidojodotraining.blogspot.com/2014/05/parts-of-sword.html