# BRITISH KENDO ASSOCIATION JODO NORTHERN SEMINAR 2019 GRADING QUESTIONS

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please restrict your response to no more than four sides of A4. Please note, answers from the 2006 edition of the ZNKR Jodo Manual will no longer be accepted. The 2018 edition is now being used exclusively as the reference for these questions.

Answers for the Northern Seminar should be received no later than the 10<sup>th</sup> of November 2019.

To be returned to:

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#### Shodan and Nidan

These questions should be answerable from the Seitei Jodo manual or from asking your Senpai or Sensei:

- 1. Using a diagram, show the positions of the feet for both Uchidachi and Shijo when performing Honte Uchi from the Sotai Dosa.
- 2. Name all the Seitei Jodo kata.
- 3. Who was the founder of Shinto Muso Ryu Jojutsu.
- 4. Name the three principle Jo kamae used in Seitei Jodo.
- 5. Explain what is meant by Ki-Jo-Tai-Ichi.

## Sandan

These questions should be answerable from research from the Seitei Jodo manual, your Sensei and other external sources such as books, the internet, or other senior teachers.

- 1. In what year and by whom was Seitei Jodo created?
- 2. Describe 5 safety checks you would make about your person, the class and the area before starting jodo training.
- 3. Explain how the awase position in taken in hissage making reference to the critical distance and timing during the movement.
- 4. What is the purpose for practising jodo?
- 5. What is the name given to the first set of koryu kata.

#### **Sources of Information**

#### **Publications:**

 "Zen Nippon Kendo Renmei Jodo: English Version Manual"; All Japan Kendo Federation, 2018

### Websites:

- http://www.britishkendoassociation.com/ British Kendo Association
- http://ejmas.com/inc/incart\_taylor\_0900.htm A Brief History of ZNKR Jodo by Kim Taylor
- <a href="http://www.fej.ch/">http://www.fej.ch/</a> European Jodo Federation