



### **Northern laido/Jodo IT session**

9<sup>th</sup> June 2019

09:30 – 16:00

Kenton School

Drayton Road, Kenton, Newcastle upon Tyne, NE3 3RU

Dear members

The laidobu and jodobu would like to invite you to the Northern IT session to be held in Newcastle.

These sessions are intended for any bu members to be able to along and improve their laido. They can be especially helpful if you have a grading on the horizon and want to put yourself under a bit of pressure. For anyone aspiring to be a part of the UK squad these sessions are an essential part of the selection process as it gives the selection panel a good idea of your current level and your potential.

Also, if there is anyone of a lower grade in your dojo who you think may be interested in being on the UK squad (or if you feel they will benefit from the added pressure of attending these sessions) please encourage them to come along and get the extra practice in.

#### **laido**

Training will be led by Greg Drew sensei (Renshi Rokudan)

Guest coach for this session will be Stuart Shirreff sensei (Rokudan)

#### **Jodo**

Training will be led by Harry Jones sensei (Renshi Rokudan)

#### **Pricing**

In line with all other IT sessions this year prices will be

£15.00 for a full day (if you are training half day laido and half day Jodo please book these separately on the online booking system)

£7.50 concession or half day (there will also be a half day concession option which will be £3.50)

As training will be on a Sunday it may be difficult to find a local shop for lunch so it is strongly recommended that attendees bring a packed lunch to the event.

### **Getting to the venue**

Kenton School is a 4-minute drive from the A1, there is also an Airport a short taxi drive away (4 miles)

There are various public transport links from Newcastle city centre including the local Underground metro system (most of which is over ground) but expect a 30-minute walk from the nearest station to the venue.

### **Accommodation**

There are a couple of hotels close to the venue, both are about 3 minutes' drive or around 17-minute walk. Please see links below

[Novotel Newcastle airport hotel](#)

[Travelodge Newcastle airport](#)

Of course, there are always sites like booking.com etc... that may have cheaper alternatives.

If you have any questions please don't hesitate to get in touch

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We look forwards to seeing you at the event