laido Grading Questions

Summer Seminar Cambridge 6th August 2019

Shodan and Nidan

- 1. Detail the grading points for: Tsukaate
- 2. Detail the grading points for: Soetezuki
- 3. During performance of 12 forms of Seitei laido the practitioner should adopt five basic kamae. Name these kamae and give an example of where each one may occur.
- 4. What is the minimum recommended distance between yourself and your nearest neighbour when training?
- 5. Using diagrams, illustrate the positions, relative to you, of the opponents in Seiteigata no.6, Morotezuki, and Seiteigata no.8, Ganmenate.
- 6. How is the direction of the cut, the Hasuji, established when drawing the sword?

Sandan and Yondan

- 1. Detail the grading points for: Tsukaate
- 2. Detail the grading points for: Soetezuki
- 3. Explain the position of the body and sword when assuming Hidari Jodan No Kamae.
- 4. List 8 general safety checks and procedures one should take before running a dojo training session.
- 5. Describe using diagrams, and explain the foot positions occurring during Seiteigata no.10, Shihogiri.
- 6. Where should the hands and the kissaki finish at the completion of each of the cuts delivered in Seiteigata no. 11, Sougiri?

Godan

- 1. Detail the grading points for: Tsukaate
- 2. Detail the grading points for: Soetezuki
- 3. Explain the differences in timing of putting the hands on the sword between the various kata in ZNKR laido.
- 4. Explain briefly the timing and movements of going through Wakigamae in Shihogiri.
- 5. What are the reasons for a disqualification of a match during a taikai?
- 6. As well as the main technical points laid out in the Seitei laido manual, what other points of consideration are there when evaluating candidates in a grading (reference "The Regulations of laido Shiai and Shinpan")?

References

- ZNKR laido Manual.
- The Regulations of laido Shiai and Shinpan.
- BKA Coaching Course Documents (Level 1 and 2).
- Examiner Mentoring Programme Stage 1 Briefing Document.
- Websites:

http://iaidojodotraining.blogspot.com/2014/05/parts-of-sword.html