## BRITISH KENDO ASSOCIATION <br> JODO NORTHERN SEMINAR 2018 <br> GRADING QUESTIONS

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please restrict your response to no more than four sides of A4.

Answers for the Summer Seminar should be received no later than the $\mathbf{2 0}^{\text {th }}$ of October 2018.

To be returned to:
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## Shodan and Nidan

These questions should be answerable from the Seitei Jodo manual or from asking your Senpai or Sensei:

1. During the Kihon for Kuritsuke, Kurihanashi and Tai-atari, at what position are the hands at on the Jo when the Jo is raised above the head?
2. Describe three of the most important criteria for a warm-up.
3. Explain what is meant by the word "Kamae".
4. What are the three grading points for Shijo in the kata Sakan?
5. Which famous swordsman was the founder of jojutsu said to have defeated?

## Sandan

These questions should be answerable from research from the Seitei Jodo manual, your Sensei and other external sources such as books, the internet, or other senior teachers.

1. Name three principle students of Shimizu Takaji Sensei.
2. Describe 3 techniques in the Seiteigata curriculum which are particularly hazardous and explain how you would instruct people to ensure they did not receive an injury.
3. Explain the meaning of "Hei-Jo-Shin"
4. With the aid of diagrams, show the foot positions of Shijo in relation to the centre line during the kata Hissage.
5. Name the grading points for the Uchidachi in the kata "Kasumi".

## Sources of Information

Publications:

- "Zen Nippon Kendo Renmei Jodo: English Version Manual"; All Japan Kendo Federation, 2018


## Websites:

- http://www.britishkendoassociation.com/ - British Kendo Association
- http://ejmas.com/jnc/jncart taylor 0900.htm - A Brief History of ZNKR Jodo by Kim Taylor
- http://www.fej.ch/ - European Jodo Federation

