

BRITISH KENDO ASSOCIATION IAIDO GRADING QUESTIONS

DARLINGTON 2018

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point.

Please try however to restrict your response to no more than four sides of A4 and send as an attachment to e-mail.

If you have not received an acknowledgement within 5 days of submitting your grading paper, please chase this up with the grading officer.

To be returned to Gill Wacey by email to:

iaidograding@britishkendoassociation.com

Important Information:

Answers to arrive no later than:

Saturday 22nd October 2018, 2 weeks prior to the seminar.

Please put your name, grade you are attempting and seminar in the subject heading of your email to help me file.

If you have any **permanent** physical issues that may impact on your ability to perform EITHER seated or standing Seitei Kata, please give details at the top of your answer paper.

Thank you

Gill Wacey

Shodan and Nidan

These questions should be answerable from the Seitei Iaido Manual or from asking one's Sempai/Sensei.

- 1) Draw a " *Nihon – to* " traditional Japanese sword, naming ten parts in both Japanese and English.
- 2) What is the minimum recommended distance between yourself and your nearest neighbour when training?
- 3) List the seven grading points for " *Seiteigata 1, Mai* "
- 4) Using diagrams, illustrate the positions, relative to you, of the opponents in *Seiteigata 6, Morote Tsuki, and Seiteigata 8, Ganmen Ate.*
- 5) What is meant by " *Okuri Ashi* "; with particular relevance to studying iaido?

Sandan and Yondan

These questions should be answerable with research from the Seitei Iaido Manual, one's own sensei and other external sources such as books, the internet, other senior teachers.

- 1) Indicate the significant differences between ZNKR seitei iai owari no torei and your own koryu torei ?.
- 2) Using diagrams illustrate the various foot positions occurring in " *Seiteigata 8, Ganmen Ate* " ?.
- 3) What are the specified grading points for " *Seiteigata 10, Shihogiri* " .
- 4) Describe how different parts of the sword blade are used to receive, control and attack the opponent in " *Seiteigata 3, Ukenagashi* "
- 5)) What is meant by " *Hiki Nuki* " ?