



# The British Kendo Association Iaido and Jodo Level One Coaching Course

## Information Pack Roles and Qualities of a Coach

The course will be led by

Stuart Shirreff - Iaido Regional Coach

Martin Clark - Iaido Regional Coach

### **Introduction**

The BKA is pleased to announce a Level 1 coaching course.

This course will be Iai/Jo Tutor led but is also open to Kendoka.

The course will run from 10:00 – 17:00.

**Course runs Saturday 23 September 2017**

**Closing date for booking, applications and course notes: Sept 1<sup>st</sup>**

**Cost** - £20 - Booking on BKA membership (maximum 20 places)

### **The Required Course/Delegate notes.**

Available from,

Martin Clark - Coach Development Officer. Iaido/Jodo

at [japaclark@aol.com](mailto:japaclark@aol.com)

**Venue** Sakuran Dojo  
Community House  
103 Easemore Road  
Redditch  
Worcestershire  
B98 9JG

Tea and coffee facilities will be available but please bring lunch.

The Day involves a teaching session so it is advisable to wear loose clothing.

Hakama may be worn but is not essential.

Please bring Bokken/Jo as appropriate for the teaching session.

## **The Course.**

The L1 course is aimed at those wishing to step up to the role of assistant coach and Dojo Leader.

It focuses on the Roles and Qualities these persons play in the Dojo It reinforces the ideals of correct practice, Health and Safety and duty of care.

It also lays out the minimum requirements for you to fulfil these positions with a view to Risk assessment, must haves for Coaches, Dojo Administration and begins to focus on the importance of how teaching happens and how you go about teaching others, including warming up and cooling down.

KENDOKA are more than welcome to attend this course. When reading through the delegate notes where it states "Iaido/Jodo" read KENDO and for the teaching session an "IMPROVISED" KENDO KATA will be the requirement but only one side needs to be taught, Shidachi/Uchidachi at the delegates discretion.