BRITISH KENDO ASSOCIATION

IAIDO GRADING QUESTIONS - Summer seminar @ Birmingham July/August 2017.

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please try to restrict your response to no more than four sides of A4 and send as an attachment to e-mail. If you have not received an acknowledgement within 5 days of submitting your grading paper, please chase this up with the grading officer.

To be returned to Phil Henderson by email to: iaido.grading@kendo.org.uk

To arrive no later than one week before the grading you are attempting.

Please put your name, grade you are attempting and seminar in the subject heading of your email to help me file answers as they arrive. If you have any **permanent** physical issues that may impact on your ability particularly for doing seated Seitei Kata please give details at the top of your answer paper.

Thank you

Shodan and Nidan

These questions should be answerable from the Seitei laido Manual or from asking one's Sempai/Sensei.

- 1) What are the key grading points for Seiteigata 8 Ganmen Ate.
- 2) What is meant by "Jo Ha Kyu" with particular reference to Seitei laido.
- 3) What safety factors should you consider in relation to your laito and Bokken prior to training.
- 4) What do you understand by "Zanshin"
- 5) Explain using diagrams if necessary the footwork for Seiteigata 6, Morote Tsuki.

Sandan and Yondan

These questions should be answerable from research from the Seitei laido Manual, one's own sensei and other external sources such as books, the internet, other senior teachers.

- 1) What is your understanding of the term "Ki Ken Tai Ichi" with particular relevance to studying laido.
- 2) List the grading points for Seiteigata 5 Kesa Giri.
- 3) Give three important considerations when teaching a group of beginners.
- 4) What is meant by "kokyu" and how should it be applied to Seitei iaido.
- 5) Describe some of the differences between Seitei Mae and the equivalent form in your Koryu.

Godan

- 1) As well as the main technical points laid out in the Seitei laido manual, what other points of consideration are there when evaluating candidates in a grading?
- 2) Explain how correct "Ma-ai" is important in laido.
- 3) What is meant by "Shu Ha Ri"?
- 4) Explain the purpose of the introduction of Seiteigata into the art of laido.
- 5) What are some of the key points to consider when completing a "dojo" risk assessment.