BRITISH KENDO ASSOCIATION

IAIDO GRADING QUESTIONS - Summer seminar @ Cambridge July 2016.

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please try to restrict your response to no more than four sides of A4 and send as an attachment to e-mail. If you have not received an acknowledgement within 5 days of submitting your grading paper, please chase this up with the grading officer.

To be returned to Phil Henderson by email to: iaido.grading@kendo.org.uk

To arrive no later than one week before the grading you are attempting.

Please put your name, grade you are attempting and seminar in the subject heading of your email to help me file answers as they arrive. If you have any **permanent** physical issues that may impact on your ability particularly for doing seated Seitei Kata please give details at the top of your answer paper.

Thank you

Shodan and Nidan

These questions should be answerable from the Seitei laido Manual or from asking one's Sempai/Sensei.

- 1) What are the key grading points for Seiteigata 9 Soete Tsuki.
- 2) What is meant by "Shu Ha Ri" with particular reference to studying laido.
- 3) Describe 3 safety checks you should carry out yourself before starting training.(not related to the premises)
- 4) How is the direction of the cut (hasuji) established when drawing the sword.
- 5) Name the Koryu school your Dojo belongs to and list the first set of kata from your Koryu.

Sandan and Yondan

These questions should be answerable from research from the Seitei Iaido Manual, one's own sensei and other external sources such as books, the internet, other senior teachers.

- 1) What is your understanding of the term "Jo Ha Kyu" with particular relevance to studying laido.
- 2) List the grading points for Seiteigata 5 Kesa Giri.
- 3) Where should the hands and the kissaki finish at the completion of each of the cuts delivered in Seiteigata 11, Sou Giri?
- 4) What is meant by "Hiki Nuki ni kaburi" with reference to no.6 Morotezuki?
- 5) Describe using diagrams if necessary the footwork for Seiteigata no 9 Soete Tsuki.

Godan

- As well as the main technical points laid out in the Seitei laido manual, what other points of consideration are there when evaluating candidates in a grading?
- 2) Using diagrams illustrate the various foot positions occurring in Seiteigata 10 Shiho Giri.
- 3) What is meant by "Dai Kyo Soku Kei"?
- 4) What is meant by "Heijoshin" with particular relevance to laido.
- Indicate the differences between ZNKR Seitei lai torei and your own Koryu torei.