### BRITISH KENDO ASSOCIATION IAIDO GRADING QUESTIONS

#### **SUMMER SEMINAR 2015**

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please however try to restrict your response to no more than four sides of A4.

To be returned to the iaidobu grading officer by email to: iaido.grading@kendo.org.uk

# **Important Information:**

Answers to arrive no later than 25<sup>th</sup> July 2015.

Please put your name and grade you are attempting in the subject heading of your email to assist filing.

Please include details of any permanent physical conditions that affect your ability to perform setei iai, especially if you are unable to do sitting kata.

Thankyou

#### **Shodan and Nidan**

These questions should be answerable from the Seitei laido Manual or from asking one's Sempai/Sensei.

- 1) Draw a nihonto (Japanese sword), naming ten parts in Japanese and English.
- 2) Identify the sword and body position when in hasso no kamae.
- 3) What are the two specified grading points for Seiteigata 2, Ushiro?
- 4) What is meant by okuri ashi, with particular relevance to studying iaido?
- 5) Identify five safety checks you would make before training in your dojo.

# Sandan and Yondan

These questions should be answerable from research from the Seitei laido Manual, one's own sensei and other external sources such as books, the internet, and other senior teachers.

- 1) Using diagrams, illustrate the various foot positions occurring in Seiteigata 8, Ganmen Ate.
- What is the difference in sword position between left and right jodan?
- 3) Describe how different parts of the sword blade are used to receive, control and attack the opponent in Seiteigata 3, Ukenagashi.
- 4) What are the three specified grading points for Seiteigata 11, Sougiri?
- 5) What is meant by Hei Jo Shin, with particular relevance to studying iaido?

### Godan

Questions should be answerable from laido Manual but will primarily come from high-grade sources of information and external media as well as personal experience

- 1) Using diagrams, illustrate the various foot positions occurring in Seiteigata 9, Soete Tsuki.
- 2) What are the four specified grading points for Seiteigata 8, Ganmen Ate?
- 3) What is meant by dai kyo soku kei?
- 4) What is meant by *Ma* and *Ma'ai*?
- 5) What is kokyu, and what instruction is given in the ZNKR Seitei lai manual for its' use?