

**BRITISH KENDO ASSOCIATION
JODO SPRING SEMINAR 2020
GRADING QUESTIONS**

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please restrict your response to no more than four sides of A4. **Please note, answers from the 2006 edition of the ZNKR Jodo Manual will no longer be accepted. The 2018 edition is now being used exclusively as the reference for these questions.**

Answers for the Spring Seminar should be received no later than the 15th of March 2020.

To be returned to:
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Shodan and Nidan

These questions should be answerable from the Seitei Jodo manual or from asking your Senpai or Sensei:

1. Explain the steps in performing Reiho immediately prior to practicing Sotai Dosa or Kata, for Shijo and Uchidachi sides.
2. Which famous swordsman was the founder of jojutsu said to have defeated?
3. Name the three principle Jo kamae used in Seitei Jodo.
4. Explain how the starting position is taken for the Shijo in the kata "Monomi".
5. What is meant by the word "Kamae"?

Sandan and Yondan

These questions should be answerable from research from the Seitei Jodo manual, your Sensei and other external sources such as books, the internet, or other senior teachers.

1. Make a detailed sketch of the jo and the bokuto showing dimensions and the names of the parts. Also name what the jo should be made from.
2. What are the three bodily systems being targeted in a warm-up?
3. In which year was Seitei Jodo created, and by whom?
4. What advantages does the jo have over the sword?
5. Name the Chakuganten (points of attention) for the Shijo and Uchidachi in the kata "Tachiotoshi".

Sources of Information

Publications:

- "Zen Nippon Kendo Renmei Jodo: English Version Manual"; All Japan Kendo Federation, 2018

Websites:

- <http://www.britishkendoassociation.com/> - British Kendo Association
- http://ejmas.com/jnc/jncart_taylor_0900.htm - A Brief History of ZNKR Jodo by Kim Taylor
- <http://www.fej.ch/> - European Jodo Federation