

**BRITISH KENDO ASSOCIATION
JODO SPRING SEMINAR 2017
GRADING QUESTIONS**

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please restrict your response to no more than four sides of A4.

Answers for the Spring Seminar should be received no later than 8th March 2017

To be returned to:

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Shodan and Nidan

These questions should be answerable from the Seitei Jodo manual or from asking your Sempai or Sensei:

1. With the aid of diagrams, show the foot positions of Shijo in relation Uchidachi when performing the technique Kuritsuke.
2. Describe in detail the action of the hands, body and jo when performing Gyakute Tsuki in Tandoku Dosa.
3. Where is Shijo's first strike aimed at in the kata Suigetsu?
4. Describe three of the most important criteria for a warm-up.
5. Name the 2 grading points for the Shijo in Hissage.

Sandan

These questions should be answerable from research from the Seitei Jodo manual, your Sensei and other external sources such as books, the internet, or other senior teachers.

1. Describe how Kasumi kamae should be constructed.
2. Explain how Uchidachi should escape from the completed Kuritsuke technique in Kasumi.
3. Explain the timing of the thrust in Suigetsu.
4. Describe 3 techniques in the Seiteigata curriculum which are particularly hazardous and explain how you would instruct people to ensure they did not receive an injury.
5. Name the kata forming the Omote Koryu kata.

Sources of Information

Publications:

1. "Zen Nippon Kendo Renmei Jodo: English Version Manual"; All Japan Kendo Federation, 2006
2. "Shinto Muso Ryu – Jodo Kyohan"; Shimizu Takaji, 1976