

**BRITISH KENDO ASSOCIATION  
JODO DARLINGTON SEMINAR 2016  
GRADING QUESTIONS**

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please restrict your response to no more than four sides of A4.

**Answers for the Darlington seminar should be received no later than 1<sup>st</sup> November 2016**

To be returned to:

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**Shodan and Nidan**

*These questions should be answerable from the Seitei Jodo manual or from asking your Sempai or Sensei:*

1. How much of the Jo should be between Shidachi's hands when:
  - a. In Honte ni kamae.
  - b. Making the catch in Kuritsuke.
  - c. At the end of the strike in Shamen.
2. What are the two grading points for Uchidachi in the kata Shamen?
3. Describe how Kasumi kamae should be constructed.
4. Describe two safety checks for your own person before starting jodo training.
5. What is meant by the term "Ki-Jo-Tai-Ichi"?

**Sandan**

*These questions should be answerable from research from the Seitei Jodo manual, your Sensei and other external sources such as books, the internet, or other senior teachers.*

6. Describe how Kasumi kamae should be constructed.
7. Explain how Uchidachi should escape from the completed Kuritsuke technique in Kasumi.
8. Explain the timing of the thrust in Suigetsu.
9. Describe 3 techniques in the Seiteigata curriculum which are particularly hazardous and explain how you would instruct people to ensure they did not receive an injury.
10. Name three principal students of Shimizu Takaji Sensei.

**Sources of Information**

**Publications:**

- "Zen Nippon Kendo Renmei Jodo: English Version Manual"; All Japan Kendo Federation, 2006
- "Shinto Muso Ryu – Jodo Kyohan"; Shimizu Takaji, 1976