

**The British Kendo Association Jodo and Iaido**

**Level One Coaching Course**

**Information Pack**

**Roles and Qualities of a coach**

The course will be led by

Lee Mountain - Iaido Regional Coach

 - Iaido Regional Coach

**Introduction**

The BKA is pleased to announcea Level 1 coaching course.

This course will be Iai/Jo Tutor led but is also open to Kendoka.

The course will run from 10:00 – 17:00.

 **SUNDAY 31 JANUARY 2016**

**Closing date for the course/delegate notes 15 January**

**Cost** - £20 - Booking on BKA membership.

**The Required Course/Delegate notes.**

Available from,

Martin Clark - Coach Program Officer. Iaido/Jodo

at japaclark@aol.com

**Venue**

MOOR LANE YOUTH CENTRE

WAINS ROAD

DRINGHOUSES

YORK

YO24 2TX

Tea and coffee facilities will be available but please bring lunch.

The Day involves a teaching session so it is advisable to wear loose clothing.

Hakama may be worn but is not essential.

Please bring Bokken/Jo as appropriate for the teaching session.

**The Course.**

The L1 course is aimed at those wishing to step up to the role of assistant coach and Dojo Leader.

It focuses on the Roles and Qualities these persons play in the Dojo It reinforces the ideals of correct practice, Health and Safety and duty of care.

It also lays out the minimum requirements for you to fulfil these positions with a view to Risk assessment, must haves for Coaches, Dojo Administration and begins to focus on the importance of how teaching happens and how you go about teaching others, including warming up and cooling down.

KENDOKA are more than welcome to attend this course. When reading through the delegate notes where it states “Iaido/Jodo” read KENDO and for the teaching session an improvised KENDO KATA will be the requirement but only one side needs to taught, Shidachi/Uchidachi at the delegates discretion..

THERE WILL BE REGULAR KENDO PRACTICE AFTER THIS COURSE

 **18:00 – 20:00**

 ALL ATTENDEES ARE WELCOME