**BRITISH KENDO ASSOCIATION**

**IAIDO GRADING QUESTIONS – Winter 2015**

**Darlington Seminar 14th-15th November**

Please answer the following questions as required for your grade. You may use illustrations to emphasise your point. Please however try to restrict your response to no more than four sides of A4.

To be returned to Phil Henderson by email to:

iaido.grading@kendo.org.uk

To arrive no later than **one week before the grading you are attempting.**

Please put your name, grade you are attempting and seminar in the subject heading of your email to help me file answers as they arrive. If you have any permanent physical issues that may impact on your ability particularly for doing seated Seitei Kata please give details at the top of your answer paper.

Thank you

**Shodan and Nidan**

These questions should be answerable from the Seitei Iaido Manual or from asking one’s Sempai/Sensei.

1. Identify 4 different kamae a practitioner should adopt in Seitei Iaido and give an example of a kata where each one may occur.
2. List the grading points for Seiteigata 10 Shiho Giri.
3. What do you understand by the term “Jo Ha Kyu” ?
4. Using diagrams illustrate the position relative to you of the opponents in Seiteigata 6, Morote Tsuki and Seitei 8 Gan Men Ate.
5. What is your traditional school of Iai (Koryu). When and by who was it introduced ?

**Sandan and Yondan**

These questions should be answerable from research from the Seitei Iaido Manual, one’s own sensei and other external sources such as books, the internet, other senior teachers.

1. Using diagrams illustrate the footwork of Seiteigata 7, Sanpo Giri.
2. List the four grading points for Seiteigata 11 Sou Giri.
3. Explain several significant differences between Seitei Reiho and your Koryu Reiho.
4. Explain what is meant by “Dai, Kyo,Soku,Kei”
5. Using diagrams if necessary show your lineage of teachers going back through 5 generations.