



## BKA Kendo National Squad Code of Conduct

### Introduction

This document should be read in conjunction with the Kendo Bu Squad Selection/De-selection policy version 2.0 dated 26/2/15.

All participants (competitors and support staff) of the BKA Kendo Squad must agree to abide by this Code of Conduct and sign their acceptance prior to being formally ratified as a member of the National Squad.

### Code of Conduct

#### General

All Squad members must:-

1. Comply with the constitution of the BKA; the Squad Selection/De-selection Policy and this Code of Conduct
2. Conduct themselves in a manner appropriate to a representative of Great Britain/UK and to exercise self-control, responsible behaviour, consideration of others, courtesy and good manners at all times
3. Comply by the BKA Anti Doping policy as noted below
4. Comply by Kendo Bu Alcohol Policy as noted below
5. Comply by all curfew instructions when participating in events which include overnight stays
6. Be committed to the attainment of sporting excellence, making every effort to develop their sporting abilities to full potential in terms of skill, technique, tactics and fitness
7. Strive for excellence in competition, giving maximum effort at all times
8. Carry out all reasonable instructions requested by the BKA Kendo Coach or Manager
9. Comply to the best of their ability, training requirements laid down by Kendo Coach while accepting and responding in a positive manner to any constructive criticism they may provide
10. Attend squad training, tournaments and meetings punctually, as well as ensuring they are in acceptable attire
11. Encourage their dojo leader/coach to attend BKA squad activities when invited and passing on all relevant information regarding their personal development programme
12. Keep an appropriate diary to record all aspects of their development, this should also be used as a communication aid between themselves and the Kendo Coach/Manager, and be prepared to submit their diary to the BKA Kendo Coach/Manager upon request
13. Keep the Manager/Coach fully informed of their whereabouts at taikai and events where they are under the jurisdiction of the BKA squad
14. Maintain personal habits of health conducive to sporting excellence
15. Set a positive example (particularly to young members and supporters) at all times; this includes physical appearance, language and demeanour in public, training, coaching, competing and especially in defeat



16. Always show regard for the best interest of the art when publicly expressing an opinion on any particular aspect of a taikai or incident
17. Abide by the spirit, as well as the letter, of the rules of kendo
18. Accept the decisions of tournament referees / officials and show respect for these officials at all times, this includes accepting victory and defeat in an appropriate manner
19. Safeguard the physical fitness of opponents, avoid deliberate injuries and assist injured opponents when necessary
20. Never participate in any practices prohibited by the BKA
21. Strive to maintain the philosophies and traditions of kendo

## Specific Policies

### Anti-Doping

All Squad participants must:

1. Comply with the World Anti-Doping Agency (WADA) Code
2. Comply with the BKA Anti-Doping Rules and Procedures as published from time to time (which may include the IKF and EKF policies). See Health and Safety documents on the BKA website (at url: <http://www.kendo.org.uk/resources/> )
3. Ensure that any medication, or ingredients therein, being taken is not prohibited from use. This can be achieved by using the Global Drug Reference Online search facility (at url: <http://www.globaldro.com/uk-en/default.aspx>). They must make a note of the results and when the search was made
4. Neither possess or supply items on the WADA prohibited list nor facilitate prohibited methods of performance –enhancement such as blood-doping
5. Make themselves available for testing in accordance with the BKA Anti-Doping Rules
6. Support drug-free and ethical, practices and where possible promote Anti-Doping educational programmes in relation to Anti-Doping control and related matters
7. Cooperate fully with the Anti-Doping programme both in and out of competition
8. Keep the BKA Squad Manager informed of their whereabouts in accordance with the BKA Anti-Doping Rules.
9. Keep the BKA Squad Manager informed of any other personal circumstances that may affect their ability to adhere to the out- of-competition testing programme

### Alcohol

#### Policy for kendoka under the legal drinking age:

1. While representing Great Britain/UK participants under the legal drinking age in the country in which the event is being held ***will not be allowed to drink alcohol at any time.***



## Policy for kendoka over the legal drinking age:

1. While representing Great Britain/UK squad participants over the legal drinking age in the country in which the event is being held will be required to refrain from drinking any alcohol for the duration of the competition or training period.
2. The Coach would advise squad participants not to drink at any time during international representation and to drink with moderation during main preparation and competition phases. However, in exceptional circumstances, the designated Manager i.e. Squad Manager or Coach may give permission for kendoka to have a recreational drink, if they so choose. This permission may only be granted after all of the fights for all of the squad participants in the delegation are completed and/or after all training sessions are completed for the whole team. It would be expected that any alcohol consumed at this time would be in moderation.
3. Any squad participant found to be drinking alcohol during a competition/training camp will be withdrawn from the competition/training camp and, at the discretion of the Squad Manager/Coach may be sent home and may, in addition, be required to refund all incurred costs to the BKA.
4. If a squad participant becomes inebriated in the opinion of the Squad Manager/Coach at a competition/training camp they will be withdrawn from the competition/training camp and at the discretion of the Leader may be sent home.
5. All such incidents must be reported to the Disciplinary Panel (copy to the Kendo BuEC) who will consider evidence and assess the appropriate course of action. Any sanction will be dependent upon the severity of the infringement. All infringements will be treated individually.

## Curfew

1. A curfew may be imposed for participants representing Great Britain/UK at taikai or training camps. Curfews will be set for safety reasons and to ensure the best possible preparation for competition and/or training. The curfew time will be determined by the Squad Manager/Coach and communicated to participants at the beginning of the event. For major events the curfew may be relaxed subject to the discretion of the Squad Manager/Coach.
2. If a participant fails to adhere to the curfew policy, the attendant Squad Manager/Coach will report this to the Disciplinary Panel (copy to the Kendo BuEC). Any sanction will be dependent upon the severity of the infringement. All infringements will be treated individually.

## Disciplinary Procedure

The BKA Squad Programme is given the highest priority within the Kendo Bu budget allocation and all kendoka selected for representation must, at all times, be prepared to act and behave in a manner befitting a member of this elite group. The BKA takes all disciplinary matters seriously and unacceptable behaviour of any kind will not be tolerated.

Offences against the code can be considered at three levels: -



**Level One – Minor:** Note in file and a verbal warning to the player.

**Level Two – Medium:** Note in file, written warning and possible further disciplinary action.

**Level Three – Serious:** Suspension from all squad activity and, for the most serious or repeat offences, recommendation to the Kendo BuEC for further action.

1. For kendoka, the Disciplinary Panel will comprise the Bucho, Squad Manager and Squad Coach.
2. In the case of an alleged breach of the Code by the Squad Manager or Coach, the Disciplinary Panel will comprise the Kendo BuEC.
3. Typically Level 1 and Level 2 offences will be dealt with by the Squad Manager or Squad Coach as and when they occur (Disciplinary Panel advised).
4. Level 3 offences will always be formally considered by the Disciplinary Panel. During investigation the offending kendoka may, at the discretion of the Squad Manager, be suspended from all squad activity.
5. Note that at each level the kendoka will have the opportunity to defend him/herself either in person or in the form of a written submission. Each and every infringement will be treated individually. Each infringement will be recorded and any reprimand(s) will be cumulative (i.e. for each subsequent infringement the penalty may be increased).
6. Typically, Disciplinary Panel business will be conducted by email but may, for serious breaches, be a face to face or a Skype based meeting.
7. The decision of the Panel will be binding. If any of the three panellists cannot attend, the Bucho or BKA Chairman may appoint an appropriate substitute.

## Right of Appeal

1. In the event that an offender believes that a punishment is either undeserved or unnecessarily severe the offender may in the first case appeal to the BuEC – this will allow all three elected officers to review the evidence and make an informed decision.
2. If the BU EC findings find against the offender and he/she still feels aggrieved, the offender has the right to invoke the BKA Appeals process as defined within the BKA Constitution.

## Publication

All disciplinary matters are subject to publication to the BKA and EKF/IKF membership, at the discretion of the Kendo BuEC e.g. in writing, at meetings of the Association/Bu, on the Association website, emails to dojo leaders/representatives and all to members.